



Connecting Young People with Caring Adults

Executive Director

Amie Hutchison
amie@trekkers.org

January 2019

Board Members

Stuart Rich
President
Tenants Harbor

Edmund Megna
Vice President
Spruce Head

Jack Carpenter
Rockland

Bryson Cowan King
Roslindale, MA

Makaila Hickey
Rockland

Kathleen Meil
Rockport

Doug Erickson
Thomaston

Mike Hersom
Rockland

Alyssa Rolerson
Rockland

Larry Schooley
Thomaston

Tori Willauer
Owls Head

Dear 7th Grade Student and Parents/Guardians,

Thank you for your interest in the Trekkers program. Trekkers is an outdoor-based mentoring program that connects young people with caring adults through expeditionary learning, community service and adventure-based education. Our unique model follows students over a six-year period that starts in the 7th grade and ends at high school graduation.

Enclosed, you will find information about Trekkers and the application process. If you are interested in participating in the program, please complete the entire application (found on pages 5-6 of the enclosed packet) and return it to:

TREKKERS
58 Park Street, Suite 202
Rockland, ME 04841

APPLICATION DROP OFF PROCEDURES & DEADLINE:

- Applications must be dropped off at the Trekkers office on or before February 25th, 2019. *If dropping off before or after office hours, please put application in our drop box located just outside our front door.*
- If sending by mail, applications must be postmarked by February 25th, 2019 at 5pm
- Please do not drop off applications with teachers or other school staff

Trekkers will contact you by email on March 1st about the outcome of the lottery selection process (an explanation regarding the selection process can be found on page 2 of the packet). Of course, if your family does not have an email address, you will receive a phone call.

In the meantime, if you have any questions or need additional information, please feel free to call me at 594-5095.

Sincerely,

Hannah Tannebring Walsh
Program Director

PS: You can download additional copies of the application by visiting our web site at www.trekkers.org and scrolling down to the bottom right of our homepage.

TREKKERS INFORMATIONAL PACKET 2019

The following information is provided to acquaint you with Trekkers by answering some of the most frequently asked questions about the program.

WHAT IS TREKKERS?

Trekkers is a non-profit, outdoor-based mentoring program aimed at connecting young people with caring adults through expeditionary learning, community service and adventure-based education. With community adult volunteers working throughout the year, Trekkers provides a myriad of educational, experiential, and cross-cultural opportunities for young people, with an emphasis on relationship building and an appreciation of the earth as “educator.”

WHEN WAS TREKKERS STARTED AND WHO DOES IT SERVE?

Trekkers began in 1994 as a volunteer community initiative for students attending Thomaston Grammar School. In 1996, students from St. George School were included. During the first five years, Trekkers primarily worked with 7th and 8th grade students. With the expansion of a year-round program implemented in 1999, Trekkers began to offer programs to local students from 7th to 12th grade living year-round in the communities of Cushing, St. George, and Thomaston. In 2010, the three communities Trekkers served were consolidated with Rockland, Owls Head, and South Thomaston to form a new regional school district. In the spring of 2011, Trekkers started its expansion process and now offers its unique model of relationship-building to all six communities.

WHAT IS THE APPLICATION PROCESS FOR PARTICIPATION IN THE SEVENTH GRADE TREKKERS PROGRAM IN 2019?

This year, Trekkers has 40 openings for seventh graders. All seventh graders are invited to attend an informational student/parent or guardian meeting at the beginning of each new program year. If after learning about the Trekkers program a student is interested in participating, he or she will be required to submit an application by **February 25th** to become eligible. If a student cannot attend the informational meeting, he or she may call and request an application. If Trekkers receives more than 40 applications by **February 25th**, Trekkers will implement a lottery system to select the students. The lottery will be designed to produce a *gender and school balanced* group of 40 students. Our goal would be 15 girls/15 boys from Oceanside Middle School and 5 girls/ 5 boys from St. George School.

Please note: If a lottery system for the selection of students is required, those students not among the first 40 selected will be put on a waiting list in the order their names are drawn by gender. If a student gets the application in after the February 25th, they will not be eligible for the lottery, but will be put on the bottom of the waiting list in order according to the date the application was postmarked. The content of a student’s application will not determine his or her eligibility. All families will be notified of the lottery results by email on **March 1st, 2019**. If your family does not have an email address, you will receive a phone call explaining the results and next steps.

WHAT HAPPENS NEXT?

After 40 students have been accepted into the program from this class, Trekkers will take these 40 students’ names and divide them evenly into two separate teams based on a school and gender balance. Each team will then have its own separate program/expedition throughout the duration of their school experience. A letter will be sent in March sharing with students which of the two teams they are on.

WHAT IF I WANT TO SWITCH TO ANOTHER GROUP?

As mentioned, the 40 students accepted into the program will be split into two groups of 20. From time to time opportunities may be offered to all 40 students, but more often than not these two groups will operate independently from one another; each with their own assigned Program Manager, as well as their own meeting and expedition schedules for the entire six years. Requests to change teams will not be accepted under any circumstances.

Our intent is not to be inflexible, but to help students make and value commitment. We want students to learn crucial coping skills by teaching them how to constructively address and work through the inevitable challenges which *may* arise over their six years in the program.

ARE STUDENTS WHO PARTICIPATE IN THE 7th GRADE PROGRAM IN 2018 ELIGIBLE TO PARTICIPATE IN FUTURE TREKKERS PROGRAMS?

Eligible* students who *complete* the Teen Trekkers program in 7th grade will be invited to participate in every program offered to their Trekkers class for their remaining years in middle school and high school, as long as they are enrolled in some kind of formal education. If a student is accepted into Trekkers and chooses to opt-out of the 7th grade program, they will be put at the bottom of the waiting list.

*Students must continue to live in one of the six towns (Cushing, South Thomaston, Owls Head, Rockland, St. George and Thomaston) in order to maintain eligibility for Trekkers programs. If a student moves out of the six towns, Trekkers will go to the waiting list. The student will continue in the program until they are taking the place of another student on the waiting list who *does* live in one of the six towns that Trekkers serves.

HOW DOES THE TREKKERS WAITING LIST WORK?

When the number of active participants in a program drops below 17, Trekkers will have the option of bringing a student in from the waiting list based on our goals of maintaining healthy and safe group dynamics.

WHO FUNDS TREKKERS?

Trekkers is supported financially through contributions from individuals, local businesses, churches, municipalities, state and federal grants, private foundations, and corporations. Trekkers seeks donations to help offset the cost of the programs that Trekkers offers, which helps us keep student fees as low as possible.

The following are the estimated Program Dues for 2018/19:

Estimated Program Dues*

7th Grade Teen Trekkers	\$80	11th Grade College/Career Exploration	\$710
8th Grade Advanced Trekkers	\$710	12th Grade Rites of Passage	\$710
9th Grade Urban Expedition	\$710	From the 'Hood to the Woods	\$125
10th Grade Cross America	\$710		

*Dues are estimated based on this year's programs and are subject to change. Trekkers has a scholarship fund to help assure that every student can participate despite possible financial hardship.

PAYMENT SCHEDULE & FUNDRAISING

For the 8th-12th grade programs: 50% of program dues (currently \$355) is to be paid by November 15th of each year. The remaining balance will be due one month before the expedition.

In order to make our programs accessible and affordable, Trekkers has established a fundraising system for students to raise half of their annual program dues. **Trekkers offers three optional fundraising events for students each year.** If you have questions regarding fundraising or would like to receive a copy of our fundraising policy, please contact the program manager by contacting 594-5095 or email hannah@trekkers.org.

WHO RUNS THE TREKKERS ORGANIZATION?

VOLUNTEERS

Over 160 adult and peer mentors in and around the Midcoast area volunteer with Trekkers throughout the year. They help facilitate outdoor and educational experiences, spend time one-to-one with students and provide much needed technical support to the program. The success of the Trekkers program is dependent in part upon a very high adult-to-youth ratio in all the programs Trekkers offers. Caring adult and peer mentors are essential to our efforts in bringing forth positive change within the lives of young people.

TREKKERS BOARD OF DIRECTORS

Stu Rich
Dee Megna
Jack Carpenter
Tori Willauer

Larry Schooley
Kathleen Meil
Mike Hersom
Doug Erickson

Alyssa Rolerson
Bryson Cowan-King
Makaila Hickey

STAFF

Amie Hutchison
Executive Director

Kate Elmes
Development Director

Paula Coyne
Grant Coordinator

Shari Closter
Event & Communications Manager

Meredith Lynt
Director, Trekkers Training Institute

Hannah Tannebring Walsh
Program Director

Brandon Caron
Program Manager

Lindsey Veilleux
Program Manager

Cathy Lookabaugh
Volunteer & Administrative
Coordinator

Katlyn Rich
Americorps Intern

Shale Peters
Americorps Intern

WANT MORE INFORMATION? – VISIT TREKKERS ONLINE!!

To read detailed program offerings, see examples about past Trekkers trips or just learn more about the organization in general, please visit our web site at www.trekkers.org. If you still have questions, please call Hannah Walsh, Program Director, at 594-5095 or e-mail her at hannah@trekkers.org

3. Please describe one of your favorite memories in the outdoors.

Trekkers Agreement

Trekkers Partnership with the Schools: Trekkers has worked as a liaison between the schools and the families of Trekkers students throughout its 25-year existence as an organization. It is our goal to communicate with and receive communication from the schools as a way to provide extra support for your son or daughter during possibly difficult academic and/or behavioral times. This way Trekkers can meet with the schools, students and families to help rectify the situation in a timely manner. With this in mind, please sign below to grant Trekkers permission to check in with the teachers, principals and the guidance department staff of RSU #13, MSAD #40, Camden Hills Regional High School/Five Town CSD, Lincoln Academy and/or St. George Municipal School Unit on behalf of your son or daughter if and when academic, behavioral, and/or emotional needs arise.

Trekkers Chemical Free Policy: I/we agree to abide by the **Chemical Free Policy** of Trekkers while participating on any programs, including all planning meetings and expeditions. This means that I will not use and/or take any drugs, alcohol, or tobacco of any kind in a program or on an expedition. I also agree to not come into any programs under the influence of any drugs, alcohol, or tobacco. If I am found with or under the influence of the above-mentioned substances, I understand that there will be consequences to my actions, including the possibility of me being sent home at the parent/guardian's expense and/or not being invited to participate in future Trekkers activities.

Trekkers Photo/Video Release Policy: We hereby allow Trekkers to use photographs, videos or images of me/my child for appropriate promotional materials.

Signed: _____ Date: _____
Parent/Guardian

Signed: _____ Date: _____
Student

If you have any questions about the application process, please call Program Director, Hannah Walsh at 594-5095 or hannah@trekkers.org. Thanks so much!